

Athletics & the Bishop Moore Vision

Athletics is an important aspect of education that Bishop Moore Catholic High School utilizes to help young men and women develop into responsible adults. We build and aim to foster an atmosphere that challenges young people to move beyond what they perceive as limitations. Winning is an objective but not an end to itself. The desire to win and the preparation to win can be used as powerful tools to teach and incorporate important values into the development of young people. The following are characteristics that can be used as a guide to determine and explain the various duties of a coach at Bishop Moore Catholic High School in our continued effort to develop the complete Christian student-athlete.

EDUCATE FOR FORMATION OF FAITH – Bishop Moore coaches should do the following:

1. Encourage and incorporate prayer into the daily routines of the practices and games. Each home contest should begin with a prayer where appropriate (basketball, wrestling, volleyball, football). Coaches should continually remind students of the importance of prayer in their daily lives.
2. Demonstrate how virtue is practiced in sport by establishing expectations of accountability, hard work, and unselfishness. This includes the establishment and enforcement of fair and consistent team rules that require accountability of the athlete and has the expectation of responsibility to their team.
3. Stimulate the development of personal values by encouraging and supporting participation of the athlete in the religious and service activities of the school, their parish, and their community.
4. Develop in the athlete the ability to be inner-directed by developing confidence of the athlete in their conscience to guide them to make good decisions.
5. Be positive and help develop this confidence by making sure each athlete knows and understands their role on the team.

PROVIDE AN INTEGRAL, QUALITY EDUCATION - Bishop Moore coaches should do the following:

1. Create a positive learning atmosphere by recognizing outstanding performances, achievements, and significant improvements by the athlete, both on and off the field.
2. Teach time-management skills by helping athletes understand and fulfill their responsibilities to the team, while balancing their responsibility to other sports, academics, family life, and outside activities.
3. Develop ownership of team goals by soliciting input from the athletes, both when establishing team goals and evaluating them during the season.
4. Praise loudly, criticize softly.
5. Be committed to a philosophy of positive reinforcement. Athletes must not be subjected to unreasonable verbal abuse or derogatory remarks.
6. Help the athletic administration provide the best possible coaching for their sport by assisting in the training and supervision of assistant coaches and volunteers involved in their program.

7. Help the athletic administration provide safe experiences by constantly evaluating the condition of equipment and facilities and by reporting any unsafe situations to the athletic administration.

8. Encourage, monitor, and support the athletes' academic performances.

EDUCATE FOR ADAPTATION & CHANGE - Bishop Moore coaches should do the following:

1. Educate the athletes to accept and respect differences in our pluralistic society by modeling acceptance of differences in the expressions and characteristics of others.

2. Encourage the appreciation of others by creating situations in practices where homogeneous groups are broken up and athletes who normally do not work together have an opportunity to do so.

3. Be aware of "cliques" on the team that are exclusive and non-inclusive of others.

4. Educate self and other coaches in the program to the latest coaching techniques and strategies of the sport. Encourage attendance at clinics and continued education and training in the sport.

5. Listen to the suggestions of the athlete and other coaches. If coaches incorporate any of their suggestions, make sure that they are recognized and thanked for their valuable input and improvement of your program

6. Handle both wins and losses with humility. Teach the athlete to accept and deal appropriately with special victories and difficult losses. Never let them forget the feelings of their opponents during or at the conclusion of any contest. Make sure that recognition is given to all those who have contributed to the successes of the team.

EDUCATE IN FAMILY SPIRIT - Bishop Moore coaches should do the following:

1. Foster a diverse coaching staff and team and encourage athletes to understand their own distinctive talents and heritage so that they can better appreciate those of others.

2. Never tolerate athletes making fun of any other person, but instead expect and demand respect and appreciation of each individual.

3. Emphasize family and social awareness by planning and supervising team-bonding experiences through projects that are beneficial to others.

4. Create a cooperative atmosphere by giving each team member a responsibility.

5. Constantly talk about unity and the importance of each player fulfilling his responsibility and role on the team.

6. Encourage players to support each other in practices and games and to be especially sensitive in difficult times. Do not tolerate any form of hazing, public arguments, secrets, or any other activity that would detract from developing a family spirit.

7. Encourage attendance at other activities of the school and recognize the talents and achievements of other sports, athletes, and activities within the school.

8. Publicly recognize the contribution of parents, volunteer, custodial personnel, or anyone else who provides support for your program. Make sure the students know and appreciate their contributions.

9. Handle all individual disagreements confidentially and always respect the privacy of each individual.

10. Develop trust by soliciting input from the athletes during the season and especially at the end of the year.

11. Make sure that awards programs recognize in a positive manner all those who have contributed to the successes of the team. Make it a special occasion for the seniors, many of whom have contributed a significant portion of their high school careers to the program.

EDUCATE FOR SERVICE, JUSTICE & PEACE - Bishop Moore coaches should do the following:

1. Demonstrate and expect respect for the individual personality and the rights of others. Athletes should address coaches and adults appropriately, as well as address each other respectfully at all times.

2. Refuse to tolerate hazing in any form.

3. Model and expect appropriate language and conversation all times. Demonstrate respect for others by stopping and dealing immediately with any cursing or other inappropriate conversation, including remarks regarding race, religion, economic status, intelligence, personality, etc.

4. Expect and demand fair play and good sportsmanship with respect for rules, officials, opponents, and spectators. A team is a reflection of its coach.

5. Facilitate team leadership through service to the team.

6. Try to assign each senior some leadership responsibility on the team.

7. Exemplify service to others and help develop moral responsibility by organizing team service projects in a community, parish, or school.