

SENIOR PARENT NIGHT
-ATHLETICS-

KRISTY BELDEN

Bishop Moore Catholic High School



KRISTY BELDEN

- Former Collegiate Student-Athlete - St. John's University (NY)
 - Full Scholarship (50% Academic & 50% Athletic)
 - Track & Field
 - Graduated in 3 years with Bachelors in Psychology

- Masters Degree - Florida State University
 - Educational Psychology - Sport Psychology
 - Graduate Assistantship - Athletic Academic Support

- 15+ years in College Athletics
 - Athletic Academic Advisor
 - Director of Player Development
 - Adjunct Professor

- BMC
 - Dean of Students
 - Associate Director for Athletic Student Success
 - Associate Athletic Director





COLLEGE ATHLETICS

- It's a **BUSINE\$\$**
 - Head Count Vs Full Ride
 - Scholarships, Grants, etc
 - Various Levels/Opportunities (D1, 2, 3, NAIA, JUCO, etc)

- Equivalent to **TWO Full-Time Jobs**
 - Practice
 - Strength & Conditioning
 - Film Study
 - Treatment
 - Classes
 - Study Hall/Tutoring/Mentoring
 - Team Meetings
 - Games/Competitions
 - Team Travel

- **High Expectations = High Rewards**



NCAA ELIGIBILITY CENTER

- Student Athletes hoping to compete within the NCAA Division I or II must register with the NCAA Eligibility Center
 - The Eligibility Center is responsible for reviewing Academic Initial Eligibility Requirements, as well as Amateurism
 - Register for a Profile Page or a Certification account at eligibilitycenter.org
 - Registration fee is \$100
 - Before you can take an Official Visit and/or sign an NLI, you must be registered
 - Your future school must place you on their IRL (Institutional Request List) in order for you to be certified

NCAA Eligibility Center Register at an NCAA School? [Forgot your password?](#) [Login](#) [Help](#) [High School Administrators](#)

Create the Eligibility Center account that's right for you!

If you want to compete in NCAA sports, you need to register with the NCAA Eligibility Center. Plan to register before starting your freshman year of high school (or year nine of secondary school). The information below will help guide you through the registration process.

To get started, review the three account options and choose the one that's right for you! You'll only need to create one account with the Eligibility Center. Starting with the free Profile Page is best practice, as you can transition it later to the Certification account needed for your circumstances.

Option 1: Free Profile Page Account	Option 2: Amateurism-Only Certification Account	Option 3: Academic and Amateurism Certification Account
Who should create this account?	Who should create this account?	Who should create this account?



NCAA/NAIA INITIAL ELIGIBILITY REQUIREMENTS

- Standardized test scores are excluded from NCAA initial eligibility criteria moving forward
- Colleges and/or scholarships may still require test scores
 - Strongly encouraged to take SAT/ACT and send scores
- BMC will submit your Official Transcript to NCAA/NAIA and/or send to College Coaches upon request
- You are responsible for sending SAT/ACT Scores
 - Code 9999





NCAA – NAME, IMAGE, & LIKENESS (NIL)

- NCAA student-athletes now have the opportunity to benefit from their Name, Image and Likeness
- Policies continue to evolve; State Guidelines
- Not something that should impact college decision for majority of student athletes
- For more NIL resources: Visit ncaa.org/nil





RECRUITING REALITIES

- **Market yourself**
 - Emails should come from Student Athlete, not parent
 - Highlight film, Including Agilities, Skill Work, Other Sports, etc
 - Complete ***FREE*** recruiting profiles
 - Official Visit Vs. Unofficial Visit
- **Not a Secret If You are Being Recruited**
 - No Answer IS an Answer
- **Coaches are always watching**
 - Attitude
 - Sportsmanship (including on the bench behavior)
 - Parents' behavior
 - Social media
 - Grades, Attendance, & Character Matter



RECRUITING REALITIES

- **Use the Busine\$\$ to Your Advantage**
 - Understand current climate of college athletics (transfer portal, covid years, NIL, etc) & impact on recruiting
- **Find the BEST Fit**
 - Academically
 - Athletically
 - Family
 - Socially
 - Cost
 - If Athletics were off the table, would you still choose that school?
- **Making A Commitment**
 - Not a Hotel Reservation
 - Thank You, but No Thank You

Questions? Comments?

Thank You & Good Luck

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