



Please let us know you are here



Welcome!

BMC Sophomore Parent Night

September 25, 2025 6:30PM

School Counseling and College & Career Counseling



Agenda

- **Introductions**
- **Review**
- **Student Success**
- **Academic Support**
- **College and Career**
- **Looking Ahead**
- **Empowering Students**

Prayer





Introductions

Mr. Pavgouzas - Principal

Mr. Bello - Assistant Principal

Ms. Gabriela McLeod - Associate Director of Student Affairs

Mr. Mario Spiniello - Director of School Counseling

Mr. Bruce Mulford - Director of College & Career

Mrs. Diana Tompkins - Director of Academic Support Program

Mrs. Caridad Llerena - Administrative Assistant

School Counseling

Ms. Doig
Mrs. Stephanie Gabriel
Mrs. Gros
Mr. Laegeler

College & Career

Ms. Cherry
Mr. Hennes
Mrs. Croom

ASP



School Counseling & College Counseling Partnership

- **School Counseling**

- First meeting with sophomores starting end of October
 - Additional check-in's as needed in the first semester
- Ensure academic progress aligns with plans and goals
- Second semester meetings will be scheduled

- **College & Career Counseling**

- College Exploration is our focus for Sophomores
- Small Group meetings with College & Career Counselor



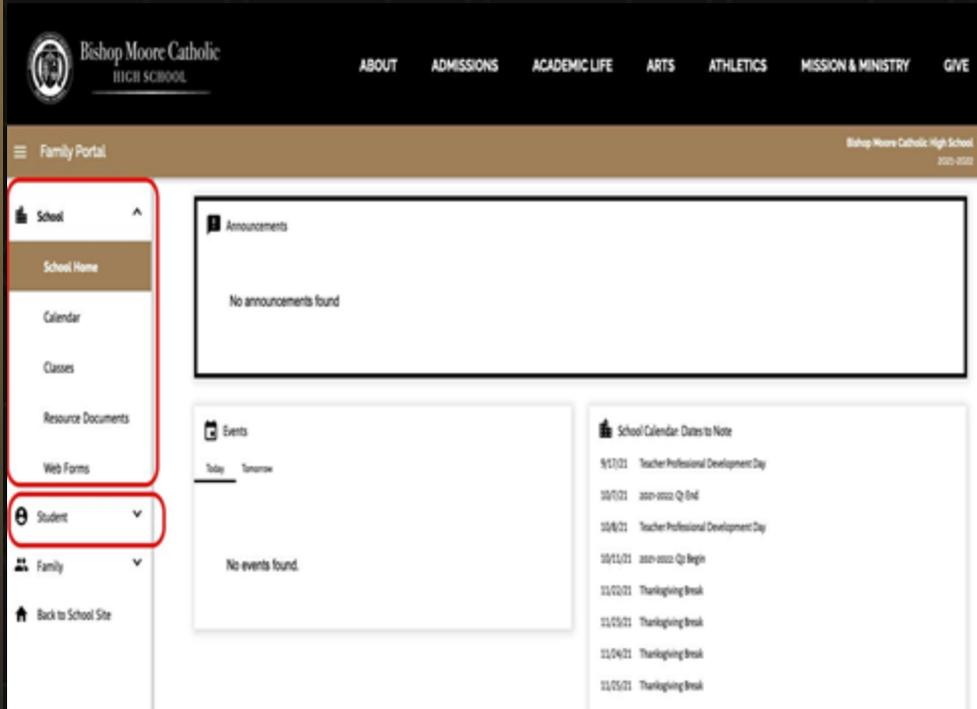
Review: Graduation Requirements

- 28 Credits
- 2.0 GPA
- 100 Community Service hours
- Students are also required to complete a personal finance course
 - Offered in the summer
 - 2 Sessions in June (2 weeks each)

Religion	4
English	4
Math	4
Social Studies	3
Science	3
Art / HOPE	1/1
World Language	2
Additional Electives	6



Review: FACTS (RenWeb)



- Student Information
 - Schedule
 - Updated every Thursday afternoon
 - Grades
 - Attendance
- Documents
- Web Forms
 - Hornet Service Hrs



Review: Schoology

A screenshot of the Schoology user interface. At the top, a light blue banner displays "You are viewing as Paul Miller". Below this is a dark navigation bar with "BISHOP MOORE Catholic High School" on the left and "COURSES", "GROUPS", and "GRADE REPORT" in the center. The main content area is titled "Courses" and displays a grid of course cards. Each card includes a representative image, the course name, and the section ID. The visible courses are: 3-D DESIGN I (S1-3M), AMERICAN GOVERNMENT (H) (S1-6M), ENGLISH 4 (ELL), HOMEROOM (SR10), LATIN 2 (SS), LUNCH 4, MARINE BIOLOGY (ZS), MATH FOR COLLEGE SUCCESS (7), and SACRAMENTAL LIFE (S1-15).

- Parent access code in **FACTS**
- Assignments
- Class / Group Updates
- Student messaging



Our Goal

- As your child's school counselor, our goal is to help him or her learn, grow, and succeed as much as possible during our time together and beyond.
 - Every student has their own unique path; there is no "one size fits all" approach.
- They are entering BMC as young boys and girls, they will graduate as young men and women.



Student Success Center

Campus-wide support to aid in student success.

- **Mr. Armani Garrick, Director of the Student Success Center**
- **Mrs. Theresa DePrinzio - Student Success Coach**
- **Mr. Mark Fortier - Student Success Coach**
- **Mr. Andy Sarasty- Student Success Coach**



Student Success Center

- Dorsey Hall - Open all 3 lunches
- M/T/Th/F (7:00 - 3:30)
- Wednesday (7:00 - 2:30)

- Student Tutoring - Teacher/Peer tutoring
- Student Coaching - Goal Setting, Time Mgmt, Test Taking
- Student Mentoring - Self Advocates- Behavior - Attendance



Academic Support Program (ASP)

The ASP team works collaboratively to support the success of students with documented diagnoses that impede the student's learning.

- Support resource teachers
- Reasonable accommodations
- Executive functioning assistance
- Build self-advocacy and communication skills
- Progress monitoring
- Goal setting
- Facilitate accommodations request for standardized tests



College & Career Center



Director: Bruce Mulford



College & Career Counselors



Ms. Cherry



Mrs. Croom



Mr. Hennes





College & Career Center

Purpose

To provide high quality resources, in order to support our students' post-secondary dreams and plans so that they may achieve their career & life goals.



College & Career Center

- College & Career Exploration Opportunities
- Fall College Representative visits
- Spring College Fair
- Spring College Information Night
- Small Group and Private Advising Sessions
- Resources can be found on the [College & Career Webpage](#)
 - BMC Website > Academics > College & Career



Creating a Balanced College List

Develop a college list that includes SAFE, TARGET & REACH schools. Identify schools that meet your interests, needs & wants. Then decide which schools you want to apply to.

SAFETY

These are schools where you exceed their requirements, and are assured acceptance.

TARGET

These are schools where you meet their requirements, and most likely will be accepted.

REACH

These are schools where you fall outside of avg. students, and hope to be accepted.
Focus on a holistic approach.



College Overview: 2-year & 4-year Options

- 2-year College Admissions (Valencia, Seminole State, etc.)
 - 2.0 GPA
 - A.A., A.S., and Direct Connect Programs
- 4-year College Admissions (UF, FSU, UCF, Rollins, etc.)
 - 3.0 GPA, Rigorous Courses & Standardized Test Scores
 - **Meeting minimums does not guarantee admission**
 - Many Scholarship and Financial Aid options



FL State University System 25-26 Matrix

NAME OF INSTITUTION	SUMMER SESSIONS						FALL SEMESTER							2+2 Program
	Total Enrollment	Total Undergraduate Enrollment (OU)	Approved Degrees	Approved Undergraduate Programs	Mean GPA	Mean SAT	Mean ACT	Approved Degrees	Approved Undergraduate Programs	Mean GPA	Mean SAT	Mean ACT	STEM/Non-STEM	
 FLORIDA AGRICULTURAL AND MECHANICAL UNIVERSITY	9,266	1260	300	3.16 - 3.89	100 - 160	18 - 24	54 - 73	960	3.69 - 4.26	106 - 126	22 - 27	16 - 17	YES	
 FLORIDA ATLANTIC UNIVERSITY	30,854	23,750	1000	3.36 - 4.23	910 - 1160	20 - 26	11 - 17	4400	3.78 - 4.35	100 - 120	20 - 28	17 - 18	YES	
 FLORIDA GULF COAST UNIVERSITY	15,962	13,864	400	3.02 - 4.21	100 - 160	18 - 24	11 - 12	2400	3.79 - 4.34	100 - 140	18 - 26	16 - 17	NO	
 FLORIDA INTERNATIONAL UNIVERSITY	14,027	11,470	3300	3.19 - 4.3	100 - 160	22 - 26	12 - 12	2000	4.1 - 4.6	100 - 130	27 - 31	16 - 13	NO	
 FLORIDA VOCATIONAL UNIVERSITY	188	1,769	200	2.86	160	22	NA (no fee)	330	3.48 - 3.66	100	17	16	YES	
 FLORIDA STATE UNIVERSITY	43,871	32,719	2,200	4.1 - 4.5	100 - 130	28 - 30	NA (no fee)	4,000	4.2 - 4.6	100 - 140	30 - 33	NA (no fee)	YES	
 NEW COLLEGE OF FLORIDA	68	82	NA	NA	NA	NA	NA	300	3.7 - 4.3	100 - 130	22 - 27	13 - 13	YES	
 UNIVERSITY OF CENTRAL FLORIDA	16,316	15,044	3,400	3.36 - 4.33	100 - 140	26 - 27	16 - 16	4,500	4.1 - 4.37	100 - 140	28 - 32	12 - 10	YES	
 UNIVERSITY OF FLORIDA	16,111	16,246	1,600	4.3 - 4.7	100 - 160	28 - 32	NA (no fee)	5,500	4.3 - 4.7	100 - 140	31 - 34	NA (no fee)	YES	
 UNIVERSITY OF NORTH FLORIDA	16,376	15,869	1,000	3.23 - 3.71	100 - 140	18 - 24	13 - 13	1,800	4.01 - 4.33	100 - 130	22 - 28	11 - 11	YES	Transfer/2+2
 UNIVERSITY OF SOUTH FLORIDA	43,732	37,000	2,000	3.18 - 4.16	110 - 120	23 - 26	11 - 11	3,000	4.03 - 4.35	100 - 140	27 - 31	16 - 17	YES	NO



This can be found on the [BMC College & Career](#) webpage



FL SUS Matrix

	Anticipated class size	Average or middle 50% FTIC GPA	Middle 50% Admit FTIC SAT	Middle 50% Admit FTIC ACT
 FLORIDA STATE UNIVERSITY	4,000	4.3 – 4.6	1370 – 1460	30 – 33
 NEW COLLEGE OF FLORIDA <i>The Honor College</i>	300	3.7 – 4.3	1060 – 1240	22 – 27
 UNIVERSITY OF CENTRAL FLORIDA	4,900	4.11 – 4.57	1310 – 1430	28 – 32
 UNIVERSITY OF FLORIDA	5,900	4.5 – 4.7	1390 – 1510	31 – 34



PCUF 24-25 Matrix



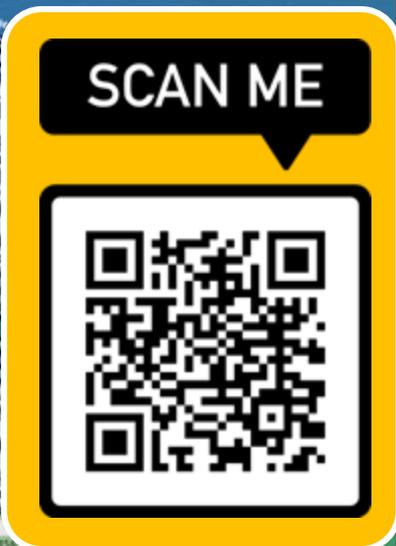
LOCATION
UNDERGRADUATE FULL TIME ENROLLMENT
PERCENTAGE OF UNDERGRADUATES FROM FLORIDA
ADMISSION DEADLINE
MIDRANGE GPA
MIDRANGE/AVG. SAT (CR & M, MIDDLE 50%)
MIDRANGE/AVG. ACT (CR & M, MIDDLE 50%)
TUITION, FEES, HOUSING AND FOOD
ACCEPT ACCEPTANCE/ENROLLMENT (DEP) ALL?
AVG NEED-BASED SCHOLARSHIP/GRANT AWARD
AVG NON-NEED-BASED SCHOLARSHIP/GRANT AWARD
TOP 3 MAJORS

ADVENT HEALTH UNIVERSITY*	BARRY UNIVERSITY*	ECKERD COLLEGE*	EMBRY-RIDDLE AERONAUTICAL UNIVERSITY*	FLAGLER COLLEGE*	FLORIDA COLLEGE*	FLORIDA INSTITUTE OF TECHNOLOGY	FLORIDA STATE UNIVERSITY
www.ahu.edu	www.barry.edu	www.eckerd.edu	daytonabeach.ecnu.edu	www.flagler.edu	www.floridacollege.edu	www.fit.edu	www.fsu.edu
ORLANDO, FL	MIAMI SHORES, FL	ST. PETERSBURG, FL	DAYTONA BEACH, FL	ST. AUGUSTINE, FL	TEMPLE TERRACE, FL	MELBOURNE, FL	LAKEELAND, FL
1,221	2,040	1,950	7,551	2,359	591	3,500	2,721
83%	69%	20%	28.73%	56%	0	40%	56%
JULY 1	ROLLING	APPLICATIONS OPENING	JAN 15 & ROLLING	NOV 1-BENAMARCHI DEB	ROLLING	ROLLING	Nov 1
3.23	3.42	3.4-3.7	3.99	3.67	3.5-3.9	3.51-3.93	3.4-4
Test Optional	967*	1120-1290*	1250	1157	1065-1130	1150-1130	1170
Test Optional	18*	23-29*	27	29	21-24	24-30	24-30
\$43,740	\$48,400	\$66,618	\$58,856	\$45,030	\$33,215	\$59,400	\$58,400
ALL	ALL	ALL	ALL	ALL	ALL	ALL	ALL
\$5,873	\$8,666	\$29,000	\$13,738	\$36,586	\$6,299	\$4,000	\$26,700
\$4,967	\$13,908	\$18,000	\$14,179	\$4,049	\$5,916	\$20,000	\$23,300
NURSING	MANAGEMENT	MARINE SCIENCE	AERONAUTICAL SCIENCE	BIOLOGY	BUSINESS ADMIN.	AEROSPACE ENG.	BIOLOGY
OCCUPATIONAL THERAPY	NURSING	ANIMAL STUDIES	AEROSPACE ENG.	COASTAL ENVIRONMENTAL SCIENCE	NURSING	ALRO SCI W/ FLIGHT	NURSING
HEALTHCARE ADMIN.	PSYCHOLOGY	ENVIRONMENTAL SCIENCE	MECHANICAL ENG.	SOCIAL ENTREPRENEURSHIP	KINESIOLOGY	COMPUTER SCIENCE	BUSINESS

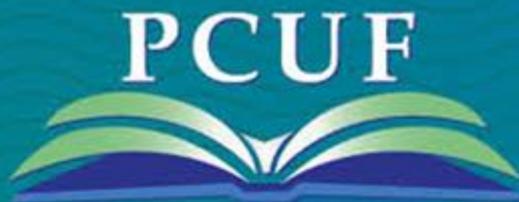
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TUITION, FEES, HOUSING AND FOOD
ACCEPT ACCEPTANCE/ENROLLMENT (DEP) ALL?
AVG NEED-BASED SCHOLARSHIP/GRANT AWARD
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TOP 3 MAJORS

LYNN UNIVERSITY*	NOVA SOUTHEASTERN UNIVERSITY*	RINGLING COLLEGE OF ART & DESIGN*	ROLLINS COLLEGE*	SAINT LEO UNIVERSITY*	SOUTHEASTERN UNIVERSITY*	STETSON UNIVERSITY*	UNIVERSITY OF FLORIDA
www.lynn.edu	www.nova.edu	www.ringling.edu	www.rollins.edu	www.saintleo.edu	www.seu.edu	www.stetson.edu	www.ufl.edu
BOCA RATON, FL	FT LAUDERDALE, FL	SARASOTA, FL	WINTER PARK, FL	SAINT LEO, FL	LAKELAND, FL	DELAND, FL	CORAL GABLES, FL
2,311	7,219	1,722	2,229	2,099	2,500	2,260	12,571
31%	49%	24%	50%	65%	55%	66%	32%
NOV 15 (LARKIN 2), ROLLING	NOV 1 (DIXIE, FERTI) REGULAR	ROLLING, ANNUATION MAR 15	NOV 15/FEB 15	ROLLING	ROLLING	Nov. 1	Nov 1
3.47	3.02	3.2-3.87	3.5	3.3 (UNWEIGHTED)	3.56	3.89	3.86
1175	1090-1330	N/A	1150-1350	1120-1170*	1120	1180-1300	1360
24	24-31	N/A	24-29	20-23*	24	24-30	31-34
\$56,700	\$55,540	\$73,490	\$71,660	\$44,640	\$42,530	\$75,138	\$86,400
ALL	ALL	ALL	ALL	ALL	ALL	ALL	ALL
\$6,754	\$23,514	\$7,117	\$38,231	\$1,069	\$6,408	\$44,442	\$47,150
\$18,568	\$19,064	\$10,305	\$25,462	\$14,501	\$18,005	\$29,904	\$24,895
INTL. BUSINESS MGMT	BIOLOGY	COMPUTER ANIMATION	BUSINESS	PRE-NURSING	INDUSTRY	HEALTH SCIENCE	BIOLOGY
ENTREPRENEURSHIP	PRE-NURSING	ILLUSTRATION	BIOLOGY	BUSINESS	PSYCHOLOGY	PSYCHOLOGY	NURSING BSN
SPORTS MGMT	PSYCHOLOGY	GAME ART	PSYCHOLOGY	BIOLOGY	NURSING	BUSINESS ADMIN.	BUSINESS

For more information, please visit our Web site: www.pcuf.net



This can be found on the BMC College & Career webpage



PRIVATE COLLEGES &
UNIVERSITIES OF FLORIDA

LOCATION
UNDERGRADUATE/FULL TIME ENROLLMENT
PERCENTAGE OF UNDERGRADUATES FROM FLORIDA
ADMISSION DEADLINE
MIDRANGE GPA
MIDRANGE/AVG. SAT (CR & M, MIDDLE 50%)
MIDRANGE/AVG. ACT (CR & M, MIDDLE 50%)
TUITION, FEES, HOUSING AND FOOD
ACCEPT AICE? AP? IB? DUAL ENROLLMENT (DE)? ALL?
AVG NEED-BASED SCHOLARSHIP/GRANT AWARD
AVG NON-NEED-BASED SCHOLARSHIP/GRANT AWARD
TOP 3 MAJORS

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www.ahu.edu	www.barry.edu	www.eckerd.edu
ORLANDO, FL	MIAMI SHORES, FL	ST. PETERSBURG, FL
1221	2,040	1,950
83%	69%	20%
JULY 1	ROLLING	EARLY ACTION 11/15 THEN ROLLING
3.23	3.42	3.4-3.7
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\$43,740	\$48,400	\$66,618
ALL	ALL	ALL
\$5,673	\$8,686	\$29,000
\$4,967	\$13,908	\$18,000
NURSING	MANAGEMENT	MARINE SCIENCE
OCCUPATIONAL THERAPY	NURSING	ANIMAL STUDIES
HEALTHCARE ADMIN.	PSYCHOLOGY	ENVIRONMENTAL SCIENCE



College Campus Characteristics

- Location - Region - Weather
- Campus & Class size
- Majors & degree programs
- Professor accessibility
- Support services offered
- Student diversity
- Extracurricular activities
- Cost and financial aid options

WHERE DO I FIT?





College Visits



- Start college tours locally
- Take advantage of virtual tours and info sessions
- Speak with college admissions reps
- Sign up for college visits at BMC
 - Register through Naviance
 - Students who sign up must attend
 - Must have teacher permission



CONGRESSWOMAN LAUREL LEE PRESENTS

SERVICE ACADEMY DAY



SATURDAY, OCTOBER 4TH
0900 HOURS TO 1200 HOURS

USF C.W. BILL
YOUNG JMLC
BUILDING
12303 USF
GENSHAFT DR
TAMPA, FL 33620



Candidates & families are invited to engage with Representatives from the Different Service Academies & Programs.

There will also be an Information Session on the Congressional Nomination Process

This event is free and open to any high school student & their families.

MORE INFO >>





Florida Bright Futures

- Refer to the Bright Futures Handbook for further details
- This can be found on the [BMC - College & Career webpage](#)

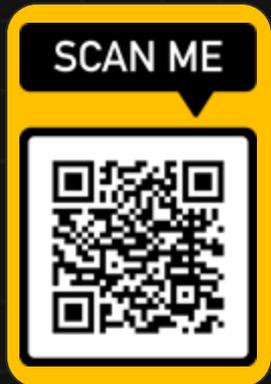
2 Qualification Levels	Tuition at FL Public Univ.	Tuition at FL Private Univ.	Extra Stipend
Florida Academic Scholars	100%	* \$212 c/h	\$300
Florida Medallion Scholars	75%	* \$159 c/h	

*** This is the 2025-26 per credit hour rate**



Bright Futures Scholarship

Type	HS Credits	GPA	Test Scores	Service/Work Hours
Florida Academic Scholarship	English - 4 Math - 4 Science - 3 History - 3 World Language - 2	3.50	SAT - 1330 ACT - 29	100 Volunteer or 100 Work hours
Florida Medallion Scholarship	English - 4 Math - 4 Science - 3 History - 3 World Language - 2	3.00	SAT - 1190 ACT - 24	75 Volunteer or 100 Work hours

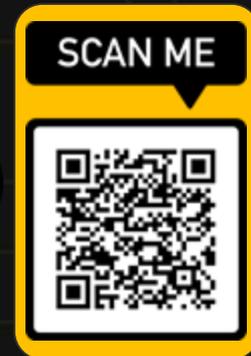


- Test scores must be earned by August 31 of high school graduation year
- GPA requirement is weighted and based on these 16 academic courses



Looking Ahead – This Year

- October - PSAT
- December - Semester 1 Exams
- January/February
 - School Counseling: Course Selection meetings
 - College Counseling: College Exploration mtgs
 - College Information Night
 - College Fair
- March/April - PreACT
- May - Semester 2 Exams





Looking Ahead – **Next Year**

As juniors, students should:

- Plan Purposeful Summers
- Visit colleges (tours, fairs, reps visits to BMC)
- Explore careers & college majors
- Purposeful volunteer or internship opportunities
- Maintain or even increase curriculum rigor
- Show leadership / commitment with extracurriculars
- Meet with assigned CCC counselor in spring of JR year



Turning the Page!

**“When writing the story of your life,
don’t allow anyone else to hold the pen.” Jack Kerouac**

Support your student in
writing their own book ...
it will be **AMAZING!**





THANK YOU FOR COMING!

Counselors will stay to answer any questions.

