TEXT-4-HELP

Text-4-Help is an anonymous text crisis hotline offering emotional support for middle school, junior high and high school youth. It is the only text hotline in the country that is fully anonymous and that is supported by teams of licensed mental health counselors. Text-4-Help is available 24/7, 365 days per year. The service was launched in January 2014 in a local Chicago community in response to three teen suicides and has since expanded across the country.

LINKING EFFORTS AGAINST DRUGS

LEAD™ is a 501(c)(3) non-profit organization dedicated to parents and other adults and their role in the promotion of healthy family relationships and the prevention of alcohol, drug use, and other risky behavior by youth. Also the founders of Text-4-Help.

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Text-4-Help is available to 10 million people nationwide and receives more than 10,000 texts per month.

REASONS FOR USE

We encourage Text-4-Help users to utilize this service for any concern ranging from substance use to gun violence or depression. When necessary, our team works closely with schools and other community agencies to ensure the safest outcome for our users.

![Graph showing reasons for use](image-url)